

STASH YOUR TRASH

If you drop a little trash on the ground, it's not a big deal, right? Wrong. It all adds up. Please take the time to pick up what you drop. We have places for you to stash trash all around the community. If everyone picks up their litter it will make a big difference. Let's take pride in our community.

OCTOBER BIRTHDAYS

TRAVIS BLANKENSHIP
 DOROTHY BRACKETT
 CHRISTOPHER COUNSIL
 JESSICA HARTNETT
 JONATHAN HEFFLEY
 MARY JONES
 MADISON MCDONALD
 MUTHITA MILLER
 ANGELA PHELPS
 AMANDA RICKER
 KIRA SCHULZ
 CHIMEG TSEREN
 ASHLEY TYLER
 WHITNEY VAUGHN



FIREPLACE SAFETY

- Keep everything at a safe distance from the hearth.
- Use only dry, cured wood. The best types are oak or hickory; pine has a high sap content and can easily start a fire outside your fireplace.
- Make sure the damper is open before lighting the fire.
- Keep the screen closed to prevent popping embers from exiting.
- NEVER leave your fire unattended.
- Don't burn garbage or plastics, and never use a starter fluid.
- Be sure ashes are completely cooled before disposing of them.
- We recommend that you not use the popular three-hour logs. These types of logs build up creosote which can cause chimney fires.
- Clean the fireplace after each use.



SMOKE DETECTORS

Smoke detectors save lives! So we are asking you to never, ever disconnect a smoke detector! Some people disconnect them because they don't like the alarm going off when they cook. Wouldn't you rather the smoke detector go off too much than not at all? The next time it goes off could be for serious reasons. So keep the batteries in them. If you think there is a problem with your detector, call the office and maintenance will come to determine if we need to install another one. Remember, a periodic chirping sound simply indicates that the battery is getting weak, indicating the need for immediate replacement! Thanks for helping us keep these lifesaving devices in tip-top shape.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October		RENT DUE				
		1	2	3	4	5
LATE CHARGES BEGIN						
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	Halloween	

POST OAK APARTMENTS

8000 Post Oak Place • Louisville, Kentucky 40222
 502-426-8686

Schatten Properties Management, Inc.

WE LOVE AUTUMN!

How do we love fall? Let us count the ways – the break from summer's heat and humidity; the brilliant colors of fall foliage; the taste of hot pumpkin pie and apple cider; the crisp autumn breeze. No matter what you love best about fall, we are glad you are sharing the season with us.

WARMING YOUR HOME

Fall is officially here! There is a chill in the air and the nights can get cold. When you turn on the heat for the first time, there may be a burning smell. Do not be alarmed. It is just the unit going to work after lying dormant for so long. Dust collects on the heating element and it takes just a few minutes for it to "burn off." If the smell continues for an extended period or your heater doesn't seem to be working, please give us a call. We will be happy to check it out and make sure your home will be warm in the cold months ahead.

CREEPERS!

Are you seeing any creepy crawlers in your home? If so, let us know and we'll get pest control scheduled. To keep pests away, make sure all trash is thrown away promptly in the provided dumpsters.

JACK-O-LANTERNS

After you finish carving your pumpkin this year, we would appreciate it if you would consider putting a small flashlight in your jack-o-lantern instead of a candle. Flames of any kind left unattended are dangerous, and leaving an open flame exposed to the elements for a long period is an even bigger fire hazard. Use a flashlight or glowstick – no fires will be started, no fingers will be burned and your jack-o-lantern will be just as spooky.



October 2019

Staff

Sara Sievert
 Property Manager

Mariel Pena
 Assistant Property Manager

Darven Emerson
 Maintenance Tech

Mike Wilson
 Maintenance Tech

Chase Barnett
 Courtesy Officer

Office Hours

Monday-Friday
 9:00am - 5:30 pm

Saturday
 10:00 am - 4:00 pm



FALL IN LOVE WITH THESE FUN

October Days

- 1 World Vegetarian Day
- 4 National Taco Day
- 14 Columbus and Indigenous Peoples Day
- 16 Boss's Day
- 31 Halloween

BY THE NUMBERS Farmers Market

There are approximately **8,690** farmers markets nationwide.

About **95%** of processed pumpkins in the United States are grown in Illinois.

Food in the U.S. travels about **1,500** miles to get to your place. Food at the farmers market is transported shorter distances, many times just a few miles.

If you string all the cranberries produced in North America, they would stretch from Boston to Los Angeles more than **565** times.

In 2017, American farmers received only 17.4 cents of every dollar at a store, while farmers receive upwards of **90 cents** on the dollar at farmers markets.

Studies have shown that if a farmers market is located near downtown businesses, **70%** of customers make extra purchases at those businesses.

It takes the energy from **50** leaves to produce one apple.

Want to find a farmers market near you?
Check out: localharvest.org | eatwellguide.org

SHINE ON



The Algonquin Native American tribes refer to October's moon as the full "Hunter's Moon" in preparation of hunting for the winter months. The earliest use of the term "Hunter's Moon" was cited in the Oxford English Dictionary in 1710.

The Hunter's Moon rises right around sunset and sets around sunrise and is the only night in the month when the moon is in the sky all night long. As it rises, it may appear bigger and more orange than usual.

Google The Old Farmer's Almanac to find out the rising of the moon in your area.

Dinner Waffles

Add 2 Tbs. of ranch seasoning to your favorite waffle batter.

Prepare waffles as directed.

Serve topped with sauteed veggies with shredded cheddar cheese or shredded chicken & gravy;

or a fried egg with chopped bacon and shredded cheese.

You may add more ranch seasoning if desired.



Let's Take A Walk

There's absolutely no better time than now to begin a walking program. Indoors or outdoors, walking does so much for you! It helps you maintain a healthy weight, prevents or manages conditions such as heart disease, high blood pressure and type 2 diabetes.

Your daily walk not only strengthens your bones, but it lifts your mood and improves balance and coordination.

Walking, one of the cheapest and easiest of all exercises, could be just what you need before we get into some of the busiest months of the year. De-stress by adding walking to your schedule!

1775

The United States Navy was born.

1871

The Great Fire of Chicago erupted, killing over 300 people and leaving 90,000 homeless.

1968

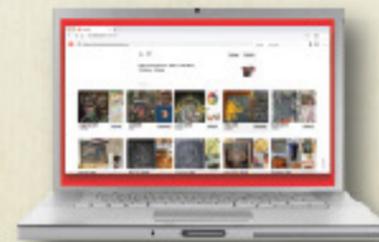
California's Redwood National Park was established. Redwoods are the tallest of all trees (up to 400 feet) and their lifetime can span 2,000 years.

1990

After 45 years of Cold War division, East and West Germany were reunited.

2012

Nissan produces an electric car that can drive and park itself.



Check out our **Hassle Free Newsletter** pinterest page for helpful pins.

LEWIS LETTERWORKS

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Being Prepared

Having an Emergency Kit in your car makes good sense. Being prepared can make a difference. Stock it with the following necessities:

- Flashlight
- Flares or reflective triangle
- Distress sign
- First aid supplies
- Basic tools including jumper cables
- Tire sealant
- Always have a fully charged cell phone/extra charger
- Food / snacks / bottled water

If you live in a cold winter climate you might want to include:

- Boots, blanket or sleeping bag and extra gloves
- Carpet strips, sand or kitty litter for traction
- Ice scraper and brush

Did You Know What Happened in October?